



Compassionate Options  
for Progressive Eldercare

Geriatric Care Management

Advocacy

Family Support

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Long-Term Care Planning

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## Are You One Of The 65 Million Family Caregivers in America Feeling...

Overwhelmed?

Unable to cope?

Challenged in your personal and professional relationships by your caregiver stress?

If you have reached the point where whatever you do is never quite enough, you feel that you are unable to meet the senior's needs despite your best efforts, your relative's medical condition is declining, and your family member is no longer living safely or the quality of their life is deteriorating, then you may need an empathetic, objective third party to discuss difficult topics with you and your relative.

## Our Mission

*COPE Eldercare provides seniors, individuals of all ages, and their families compassionate care to promote independence, safety, and quality of life.*

COPE Eldercare is a nonprofit 501 (c)(3) and depends on charitable contributions to provide its services to all members of the community. COPE donates over **\$15,000** in services each year to local community seniors.

We will gladly accept your tax deductible donations!



# What We Do

A Geriatric Care Manager is a professional who specializes in working with older individuals and their families by providing care designed to meet their changing needs. The services are tailored to meet their specific needs and may include the following:

- Advocacy for Independence
- Needs Assessment
- Develop and Implement Personalized Care Plan
- Coordinate Resources
- Team-based Referral Network
- Friendly Visits
- Animal-assisted Activities
- Supportive Counseling
- Evaluation and Decision Making for Supportive Living Arrangements
- Crisis Intervention
- Shared Goal Setting and Ongoing Monitoring of Care Plan
- Facilitate Family Communication

Assessment of Needs

## Caring for you



# Benefits

Care management services are offered in a variety of settings. Practitioners can offer short term or ongoing assistance for long distance caregivers. Personalized services are specifically designed to meet the client's needs and wants. Geriatric care managers are often available after hours and on weekends. Their involvement may ensure continuity of care thereby reducing miscommunication, stress, and cost to the clients. Ongoing support enables greater independence and prevents unnecessary moves or hospitalizations.

Providing Caring Compassionate Solutions

COPE Eldercare was established in 2004 by Laurie Ray, MSW, C-A SWCM, CMSW in an effort to bring compassionate geriatric care management services to seniors and their families in Wake County and Eastern Chatham County. Upon recognizing the unmet need of access to services, COPE Eldercare set out to fill the void by providing affordable care management services to all seniors on a sliding scale regardless of any financial limitations.

With over 15 years experience in the field of Social Work, Laurie's background includes extensive work in hospice care where she provided end of life support to patients of all ages in a variety of settings. Laurie has extensive experience supporting seniors and their



## Who uses Geriatric Care Management Services?

- Local and long distance families
- Banks and Trust Officers
- Physicians and Allied Health Professionals
- Direct Service Providers
- Attorneys • Hospitals

families as they encounter the challenges of aging. The role of the Geriatric Care Manager is to advocate and provide support to seniors through coordinating the resources necessary to remain independent in their homes for as long as possible while not sacrificing their safety and quality of life. Laurie assists individuals of all ages and their families with determining when the time has come for a variety of lifestyle changes such as no longer driving, medication management, companionship, or discussing the need for a more supportive environment that may include in-home help, assisted living, or skilled nursing home care. With sensitivity Laurie continues to support seniors and their families as they adapt to new physical, cognitive or environmental changes.